

Drink Your Pressure Description

● Topic – This game will focus on the different types of social media pressure. It will also help people become aware that they are not alone

● Goal – We aim to help individuals become aware of the different social media pressures that exists

● Duration – Whoever reaches 10 points first, wins. Average of 30 minutes.

● Amount of players – Minimum of 2 people and Maximum of 8 players

Drink Your Pressure Rules

1. Players must choose their drink of choice
2. Each player needs to throw the dice twice
3. The first throw is for the column. The second throw is for the row
4. When you agree with a statement, you will receive 1 point
5. When you gain 5 points, you need to take a shot
6. The game finishes when someone reaches 10 points
7. The minimum is of 2 players and the maximum number of players is 8
8. If the player gets the same question twice, the player has to roll the dice again.

Have Fun!