**Platforms!**

**Mystery and Message Cards Master**

Mystery Cards

Dare (total of 40)

1. Unfollow a toxic person from an app of your choice

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Uninstall a social media app of your choice until the end of the game

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Turn off your data or Wifi for five minutes

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Unlock your phone and give it to the person on your right for two minutes

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Limit your screen time of a Social Media app and show the other players

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Message someone you are out of touch with right now

Accept: Move 6 steps forward

Reject: Move 6 steps backward

1. Put your phone in airplane mode for five minutes

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Let the person to your left DM anyone from your phone

Accept: Move 5 steps forward

Reject: Move 5 steps backward

1. Download a screentime limiting app (or show a downloaded one to the other players)

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Show an embarrassing photo of yourself to the other players

Accept: Move 4 steps backward

Reject: Move 4 steps backward

1. Send a funny selfie to the third person on your Messenger list

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Show everyone the list of messages of your Instagram or Messenger

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Take a video of you singing ‘Happy Birthday’’ and post it on your social media

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Text someone ‘’I LOVE YOU’’ and show it to the rest of the players

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Post a bad joke on any of your socials

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Send a voice recording speaking in a different accent and send it to someone of your choice

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Read the last message you received from Messenger

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. React with a heart emoji on the profile picture of the fifth person that messaged you on Messenger

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Go on Instagram and reply to the first person’s story

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Text the 10th person on your Messenger, ‘’I need to tell you something…”

Accept: Move 2 steps forward

Reject: Move 2 steps backward

21. Show everyone the last song you listened to on your playlist

Accept: Move 2 steps forward

Reject: Move 2 steps backward

22. Read the last text you posted to the other players

Accept: Move 2 steps forward

Reject: Move 2 steps backward

23. Share your top Memory from your Facebook account

Accept: Move 3 steps forward

Reject: Move 3 steps backward

24. Guess the exact number of friends you have on Facebook

Accept with Correct Answer: Move 5 steps forward

Reject or guess incorrectly: Move 5 steps backward

25. Guess the exact number of Followers you have on Instagram

Accept with Correct Answer: Move 5 steps forward

Reject or guess incorrectly: Move 5 steps backward

26. Post your last photo to Instagram right now

Accept: Move 4 steps forward

Reject: Move 4 steps backward

27. Promise: “I will not post, comment or create any content on my social media accounts tomorrow.” The players can decide on a punishment if you do

Accept: Move 5 steps forward

Reject: Move 5 steps backward

28. Show a video of you or another player singing

Accept: Move 5 steps forward

Reject: Move 5 steps backward

29. Allow the player on your right to post an Instagram on your phone

Accept: Move 4 steps forward

Reject: Move 4 steps backward

30. Call a friend, pretend it’s their birthday, and sing “Happy Birthday” to them

Accept: Move 7 steps forward

Reject: Move 7 steps backward

31. Let everyone look at your Facebook account for two minutes

Accept: Move 4 steps forward

Reject: Move 4 steps backward

32. Take a picture of the person on your left. Post it on Instagram with the caption, “I love you soooo much”

Accept: Move 4 steps forward

Reject: Move 6 steps backward

33. Sing a song of the other players choosing and allow them to record it and post to Instagram

Accept: Move 5 steps forward

Reject: Move 7 steps backward

34. Read the first post on your Facebook feed with an Italian accent and allow other players to record and post it

Accept: Move 5 steps forward

Reject: Move 6 steps backward

35. Express your love for the person on your right for one minute. Players record and post to Instagram Accept: Move 5 steps forward

Reject: Move 8 steps backward

36. Take a group selfie and post it to Instagram with the hashtag #PlatformsGame

Accept: Move 4 steps forward

Reject: Move 6 steps backward

37. Find both your mom and dad’s Facebook accounts and post “I love you”

Accept: Move 3 steps forward

Reject: Move 3 steps backward

38. Find a picture of one of the other players and show it to the other players

Accept: Move 1 step forward

Reject: Move 1 step backward

39. Allow the other players to use a dating app on your phone for two minutes. They can do anything….

Accept: Move 7 steps forward

Reject: Move 7 steps backward

40. Choose one player and share a memory you had together

Accept: Move 2 steps forward

Reject: Move 2 steps backward

Comment (Total of 40)

Discuss for two minutes

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Should children be allowed to have social media accounts?
2. Is social media a threat to democracy?
3. Does social media help or hinder free speech?
4. Is social media making us stupid?
5. Is social media out of control?
6. Should social media be allowed to limit free speech?
7. Should politicians be banned from social media if they spread misinformation?
8. Should social media be allowed to sell your personal information?
9. Is social media addictive?
10. Should newsfeeds be allowed in social media?
11. Does social media make us less social?
12. Is social media ruining society?
13. Is social media bad for mental health?
14. Is social media making us a sad generation?
15. Does social media help to create new jobs?
16. Does social media increase awareness about issues like domestic violence?
17. Can we live without social media?
18. What can you do to make your social media accounts safer and more secure?
19. What should be the minimum age to open a social media account?
20. Is social media a source of building relationships and staying connected?
21. How do you feel after using social media?
22. Why should I post negative content about myself?
23. How much is too much time on social media?
24. Would you tell your best friend they have a problem with social media?
25. Do you think your parents are addicted to social media?
26. Ask each player to answer this question:“True or false: I use social media more than talking to my friends in real life.”
27. Do you allow notifications for all of your social media accounts?
28. Are you being yourself on social media or pretending to be someone else?
29. Do you think social media is hurting society?
30. How many hours do you spend on social media per day? Is it too much?
31. Is staring at a phone screen affecting your health (eye strain, wrists, etc)
32. Do you think social media privacy policies are effective?
33. Do you think social media is affecting your overall well-being?
34. Ask each player to answer this question: “In one or two words, describe how you feel after using social media for one hour.”
35. Has social media influenced your political opinions?
36. How does social media help small businesses succeed?
37. Is it fair that a potential employer can look at your social media accounts to find out more about you?
38. Has social media helped us become a more connected society or made us more antisocial?
39. Do you feel emotionally disconnected from society because of social media?
40. What are three ways your social media distracts you? What can you do to prevent this?

Affirmation (Total of 30)

1. Hug someone on your right

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Compliment another player

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Follow a social media account that shares positive content

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Make a post about a good cause

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Make a positive comment about someone else’s photo

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Say something positive about social media

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Each player must compliment you

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Post a picture of yourself

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Show the other players positive content from your social media feed

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Call a loved one and tell them that you love them

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Hug the person to your left

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Stand in your best Superman pose and say, “I am woman, hear me roar”

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players, “I can be whatever I want to be”

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell each person in the game a positive affirmation

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Ask each player to complete this affirmation: “I am \_\_\_\_\_\_\_”

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Ask each player to complete this affirmation: “I choose to be \_\_\_\_\_\_\_”

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Name three positive attributes about the person to your right

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Post a positive comment on a player’s Facebook wall

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players, “The past is the past, and my past doesn’t predict my future”

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell a funny joke to the other players

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players what you do in order to have a positive mindset

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players three things that you are grateful for in your life

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players how you challenge yourself

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Tell the other players your healthy coping skills

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Give tips to the other players about how to stay away from negative people

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Mention three things that give you confidence

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players how you would like to improve yourself in life

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players one bad habit you overcome throughout the years

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Complete this phrase: ‘’ I know I am happy when …’’

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Share with the other players one lesson you learned in life

Accept: Move 3 steps forward

Reject: Move 3 steps backward

Situation (total of 30)

1. A post motivates you to go to the gym. Move 4 steps forward
2. Someone makes a positive comment about one of your posts. Move 4 steps forward
3. You find a creative recipe on YouTube. Move 2 steps forward
4. Facebook reminds you of a good memory. Move 3 steps forward
5. Someone shares your explicit content without your consent. Move 5 steps backward
6. An offensive tabloid article makes you feel bad. Move 2 steps backward
7. You see depressing news on your feed. Move 3 steps backward
8. Someone uses your public photos for a deep fake. Move 4 steps backward
9. Someone sends you an unsolicited sexual photo. Move 6 steps backward
10. Someone shares your photos to make fun of you. Move 4 steps backward
11. You learn about something new on YouTube. Move 1 step backward
12. You are invited to join an exclusive group. Move 4 steps forward
13. A celebrity post makes you feel body shaming. Move 5 steps backward
14. A friend reminds you how beautiful you are. Move 4 steps forward
15. Your new friends invite you to a party. Move 4 steps forward
16. You get appreciation from your boss. Move 4 steps forward
17. An embarrassing video of you goes viral. Move 5 steps backward
18. You decide to unfollow a celebrity who makes you feel body shaming. Move 5 steps forward
19. Your Facebook account is hacked. Move 5 steps backward
20. You look super cute in a video that goes viral. Move 5 steps backward
21. A social media influencer shares misinformation about your ethnic group. Move 3 steps backward
22. You read that your favorite high school teacher was in a car accident and died. Move 5 steps backward
23. Your best friend messages you that she/he got engaged abroad. Move 4 steps forward
24. You read that your favorite football team is coming to your country. Move 3 steps forward
25. You read that the producer of your favorite childhood television program is found guilty of sexually assaulting children. Move 3 steps backward
26. Your crush messages you for a date. Move 6 steps forward
27. Someone messages you that your partner is flirting with other people. Move 6 steps backward
28. You donate money on Facebook for victims of a deadly flooding. Move 2 steps forward
29. Someone posts a positive review on your Facebook small business page. Move 5 steps forward
30. You learn how to spend less time on social media. Move 3 steps forward

Share (total of 40)

1. Describe how social media helps you when you are sad

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players about a time you were harassed or bullied on social media

Accept: Move 5 steps forward

Reject: Move 5 steps backward

1. Share what you do to limit your use of social media

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players about a time you reported or blocked someone’s social media account

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Explain how social media helps you in your daily life

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players which platform is your favorite and why

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Tell the other players about your favorite content to watch/create

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Talk about the standards that social media imposes on you

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Talk about insecurities you have due to social pressure

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Share how social media has helped you overcome your fears/ insecurities.

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Share how social media has helped you improve your social skills

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players how social media has impacted your mental health

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players a time when you felt insecure after seeing a social media post

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players about a time you felt body shaming after seeing a social media post

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Could you stay away from social media for 24 hours?

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Could you stay away from social media for a week?

Accept: Move 1 steps forward

Reject: Move 2 steps backward

1. Tell the other players about a time you felt lonely or depressed because of social media

Accept: Move 4 steps forward

Reject: Move 5 steps backward

1. Define cyberbullying to the other players and give a real life example

Accept: Move 3 steps forward

Reject: Move 5 steps backward

1. Tell the other players about a time you felt a fear of missing out because of a social media post

Accept: Move 4 steps forward

Reject: Move 6 steps backward

1. Your friend is addicted to social media. As a group, come up with three ways you can help him/her

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Share a time you reported someone on social media

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Share three positive influencers you follow on social media and why

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Name three positive effects of social media

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Name three negative effects of social media

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Look at the other players. Which person posts the most positive content on social media?

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. True or false: I spend more time on social media than talking face-to-face with my friends. Explain why

Accept: Move 6 steps forward

Reject: Move 7 steps backward

1. Tell the other players about a time you missed something important in real life because of social media

Accept: Move 4 steps forward

Reject: Move 4 steps backward

1. Tell the other players about a time your phone died because of using social media and you missed something important

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Tell the other players three ideas for dealing with depression after using social media

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Tell the other players about a post you are very proud of

Accept: Move 1 step forward

Reject: Move 2 steps backward

1. Share the moment when social media helped you reconnect with someone that lives far away from you

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Share the moment when you were catfished by someone in real life

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players about having unhealthy sleeping patterns because of staying up late scrolling on social media

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. are a time when you were tricked into purchasing a fake designer label

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Talk about a time when you shared a post/story and did not even read the story yourself

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Tell the other players a time where you compared yourself with another person on Instagram or Facebook and how did you managed to stop these feelings

Accept: Move 3 steps forward

Reject: Move 3 steps backward

1. Talk about a time where you felt jealousy for your partner when they interacted with an ex-partner on social media

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Share a moment when you felt socially isolated despite being connected to a wide network of online friends and family

Accept: Move 2 steps forward

Reject: Move 2 steps backward

1. Share a moment when you started following online lessons or learning a new language with the help of social media

Accept: Move 1 step forward

Reject: Move 1 step backward

1. Tell the other players a time when social media inspired your creativity and encouraged self expression

Accept: Move 2 steps forward

Reject: Move 2 steps backward

Message (total of 50)

1. Someone sends you an insulting message. Move 3 steps backwards

2. Someone threatens you over your political opinion. Move 5 steps backwards

3. A friend thanks you for talking about an important cause. Move 3 steps forward

4. An old friend reaches out for a reunion. Move 4 steps forward

5. Someone sends you a birthday message. Move 2 steps forward

6. Someone you like sends you a DM. Move 2 steps forward

7. Someone adds you to a group chat. Move 1 step forward

8. Someone hacks your messages. Move 2 steps backward

9. A friend invites you to a party. Move 3 steps forward

10. Your partner dumps you through a message. Move 6 steps backward

11. You were told your package arrived in the mail. Move 3 steps forward

12. Your friend offers you an opportunity after seeing your photos. Move 4 steps forward

13. Your partner invites you to your favorite band's concert. Move 4 steps forward

14. You fight with your friends over text. Move 4 steps backward

15. Someone blackmails you for your explicit photos. Move 6 steps backward

16. You forget your BFF’s birthday. Move 5 steps backward

17. You forget your partner's birthday. Move 6 steps backward

18. Your Instagram Reel goes viral. Move 5 steps forward

19. Someone steals your phone and ransoms you. Move 7 steps backward

20. Someone returns your phone after it was stolen. Move 6 steps forward

21. You receive a surprise message from a person you like. Move 3 steps forward

22. Someone you like asks you out on a date. Move 5 steps forward

23. Your BFF’s partner asks you out on a date. Move 5 steps backward

24. An old friend wants to reconnect after 10 years. Move 3 steps forward

25. You get invited to visit Vienna for the weekend. Move 5 steps forward

26. Your loved one calls you everyday. Move 2 steps forward

27. Hackers steal money from your bank account. Move 3 steps backward

28. Someone replies to your Instagram story with heart emojis. Move 2 steps forward

29. Your Facebook friends complete a survey for your thesis. Move 2 steps forward

30. Someone insults you personally after writing your opinion online. Move 3 steps backward

31. You see a video of a dog beaten by its owner. Move 2 steps backward

32. Someone removes you from a group chat. Move 2 steps backward

33. You win two tickets to watch a football game abroad. Move 3 steps forward

34. You start doing vlogs and receive a positive review. Move 2 steps forward

35. Your childhood friend shares her wedding photos and you were not invited. Move 3 steps backward

36. A news portal shares your online photos without your consent. Move 4 steps backward

37. A fake account starts threatening you online. Move 5 steps backward

38. You are banned from TikTok for seven days. Move 5 steps backward

39. You seek help from the 24/7 helpline chat. Move 4 steps forward

40. You receive funny memes from your best friend. Move 3 steps forward

41. You receive an important email to start working your dream job. Move 2 steps forward

42. You restrict your Messenger to only people you know. Move 3 steps forward

43. Someone sends you positive affirmations through Messenger. Move 2 steps forward

44. You screenshot a conversation and accidentally send it to the same person. Move 3 steps backward

45. You like an old photo from someone you did not know. Move 2 steps forward

46. Your close friends plan a vacation. Move 3 steps forward

47. Your parent posts an embarrassing photo of you when you were young. Move 2 steps backward

48. You forget to hit mute when taking an online class and everyone hears your sibling screaming. Move 4 steps backward

49. You accidentally text your boss a dirty joke instead of your friend. Move 5 steps backwards

50. You show your imperfections instead of filtering or editing photos. Move 4 steps forward