

Act For Change

Erasmus+ project - Youth Exchange

under accreditation nr. 2022-1-CZ01-KA150-YOU-000111402

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Co-funded by
the European Union

**Brno.
For you.**

Short intro ●

Act for Change is an international Youth Exchange exploring environmental challenges not only as ecological issues, but also as personal and social realities shaping young people's identities. Climate change is constantly present in media narratives, influencing how young people see the future, their level of hope or anxiety, and their sense of responsibility.

This project creates a safe and creative space where participants can reflect on their role in society and their local communities. Through improvisation, role-play, forum theatre and experiential learning, they will explore environmental topics as a mirror of identity, self-confidence and civic responsibility.

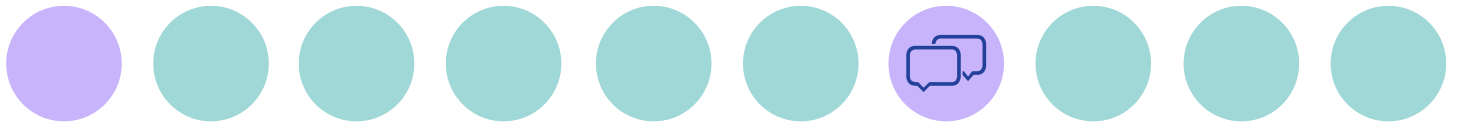
In the second phase, participants turn reflection into action by designing and leading their own workshops for peers, promoting greener habits while strengthening young people's voice, confidence and active role in a rapidly changing world.



Main objectives

- To explore environmental issues creatively by connecting climate change and sustainability with real-life situations and local communities.
- To boost self-confidence and expression through improvisation and interactive activities.
- To build teamwork and empathy by cooperating and understanding different perspectives in an international group.
- To inspire greener habits by discovering practical eco-friendly actions for everyday life.
- To celebrate cultural diversity by sharing cultures, practicing English and building international friendships.





Target group.

Young people

- Age 15-17
- Interested in the project topic
- Motivated to learn, share and implement workshops of your own with our support
- **To be able to participate on both phases**



We are able to involve up to 5 participants and 1 group leader per national group including participants with fewer opportunities and special needs. We are eager to seek for possibilities to lower the barriers to access. Together, we will create a non-judgmental and open-minded space for learning.





1.phase.



Where?

Moravec, Czechia



When?

22.–29. August 2026

Accommodation

For the youth exchange, you will be accommodated in the guest house called Penzionu u Výletů. The venue is situated in the village Moravec. The toilets and the showers are shared ([link](#) for the [website](#)).





2. phase.



Where?

Alicante, Spain



When?

17.–24. October 2026

Accommodation

Accommodation for the youth exchange will be confirmed together with the dates.



Practicalities.

Never leave for a project without...



- ID or Passport – Make sure it's valid for the entire duration of your trip.

- Original Tickets or Boarding Passes – Keep the physical copies and, for extra security, take a picture or scan each one and store them electronically.



- Important Contact Details – Save the phone number of your sending organization's coordinator and the host organization's coordinator.



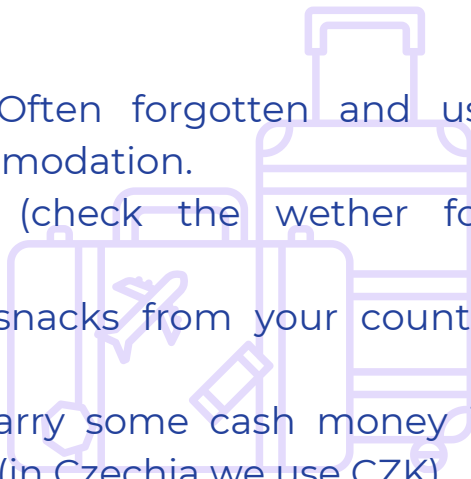
- **European health card - obligatory for EU citizens!**



- Travel insurance – you never know what might happen on the way...

Could be useful...

- Towel & Slippers – Often forgotten and usually not provided at the accommodation.
- Comfortable clothes (check the weather forecast in advance).
- Typically drinks and snacks from your country for the intercultural evening.
- Emergency Cash – Carry some cash money in case of unexpected expenses (in Czechia we use CZK)



Travel and formalities.



Travel

- The travel will be planned and agreed between the national coordinators who will inform you about the details.
- The whole national group will travel together.

Formalities

- If you will be selected, you will sign the Zero Tolerance Protocol, which commits you to certain safety rules. We take these rules very seriously breaking them may result in being sent home at your own expense.
- Since you are under 18, your parents will need to sign the legal guardian consent document.
- We will organize **online pre-departure meeting** with all participants



Schedule*

This is an **educational project**, which means that although we will have fun, connect, and enjoy created safe and welcoming space, our focus is on learning new competencies for personal and professional development.

1

Saturday: Arrival Day

- Arrival of participants and accommodation

2

Sunday: Setting The Stage

- Getting to know each other, creating a safe group atmosphere
- Teambuilding
- Introduction to reflection and Erasmus+ and non-formal learning

3

Monday: Stepping Onto The Stage

- Mapping knowledge and experiences
- Exploring the theme through interactive activities

4

Tuesday: Finding My Voice

- Building self-expression and confidence
- Practising communication, empathy and active listening

5

Wednesday: Local Discovery

- Discovery trip

6

Thursday: Perspectives & Arratives

- Exploring different ways people understand and talk about environmental challenges
- Strengthening critical thinking
- From Reflection to Action - developing teamwork, facilitation and workshop design skills

7

Saturday: Integration & Future Impact

- Reflecting on the whole learning journey
- Evaluating the project and planning future steps

8

Sunday: Departure Day

- Participants' departure and accommodation check-out

*activities and schedule may vary based on the logistics needs and group dynamics

Our organization.

- Brno for you is a non-governmental organization which was founded in 2014 and is aimed at **providing the youth with international opportunities**, which unite them and therefore promote European values.
- Since 2023, **we have been accredited** by the Czech National Agency to implement Erasmus+ mobility projects for youth and mobilities for youth workers based on our and Erasmus+ quality standards.



Achievements under our coordination 2014-2025

33

implemented projects for youth and youth workers

288

youth workers participated on our projects

797

young people experienced non-formal education with us

64%

of our participants come from difficult backgrounds

7

of our projects are marked as examples of good practices by the national agency

Contact us!



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